



CHRIST COLLEGE (AUTONOMOUS)

Affiliated to University of Calicut and Accredited by NAAC 'A' Grade
IRINJALAKUDA - 680 125, KERALA, INDIA.

Office (0480) 2825258, Principal 2820005, Res: 2825384, 2828241, Fax: 2831552
E-mail: - office@christcollegeijk.edu.in Web: www.christcollegeijk.edu.in

Time management

(Value Added Certificate Course)

Course Code: CVACo27 -

Summary Report 2016-17

The course started on August 2, 2016. There were 84 students and 80 students completed the course. The course was of 30 hrs duration.

Course Outcome:

- Identify the main obstacles to effective Time Management in daily life
- Use a system for prioritizing goals and tasks
- Build an effective Time Management process that will enhance productivity and lower stress
- Improve productivity of team through effective time management techniques.

Coordinator: Ms. Tintumol Sunny



Fr. Dr. Jolly Andrews
Assistant Professor-
In-charge of Principal
Christ College (Autonomous)
Irinjalakuda